

U7-U10 Tournament Rules

Reminder - Tournament seeding is determined based on the following criteria, respectively:

1. Win-Loss Percentage Record (Total Points Earned/Total Points Possible)
2. Head to Head Record
3. Total Goals Against
4. Shut-outs
5. Coin Toss

***Please keep in mind that our league does not encourage running up scores therefore no criteria is based on "Goals For".

Shootout Procedure

- The referee chooses the goal at which the kicks will be taken
- The referee tosses a coin and the team whose captain wins the toss decides whether to take the first or the second kick
- The referee keeps a record of the kicks being taken
- Subject to the conditions explained below, both teams take five kicks
- The kicks are taken alternately by the teams
- If, before both teams have taken five kicks, one has scored more goals than the other could score, even if it were to complete its five kicks, no more kicks are taken
- If, after both teams have taken five kicks, both have scored the same number of goals, or have not scored any goals, kicks continue to be taken in the same order until one team has scored a goal more than the other from the same number of kicks
- With the exception of the foregoing case, only players who are on the field of play at the end of the match, which includes extra time where appropriate, are eligible to take kicks from the penalty mark
- Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick
- An eligible player may change places with the goalkeeper at any time when kicks from the penalty mark are being taken
- All other rules in accordance with FIFA